

# GALLERIA ENDOSCOPY CENTER

## BEFORE YOUR PROCEDURE

### Informed Consent:

When you are evaluated for your procedure, the surgeon will explain the procedure and have you sign a form consenting to having the procedure performed.

### PRE-OP

- All patients scheduled for procedures at Galleria Endoscopy Center are required to have a pre-op appointment. These appointments will be conducted via telephone. During the call, your medical history and current medication list will be verified. If any testing is required from your surgeon prior to your procedure, these orders will be provided by the surgeon's office directly.
- You will be given your arrival time during this call. You will arrive at least 30 minutes before your scheduled procedure in order to complete all necessary paperwork and get your IV access initiated.
- The anesthesia evaluation will be conducted by the nursing staff during the pre-op call and on the day of your procedure the CRNA will verify this information and ask additional questions if needed.

### INSTRUCTIONS FOR THE DAY OF SURGERY

- Do NOT eat or drink anything after midnight the night before surgery unless you have been instructed to do so during your pre-op call. This includes gum, mints, soda, tea, water, or any other liquids. We understand this may be uncomfortable for some, but it is important that you have a completely

empty stomach prior to the administration of anesthesia.

- Be sure to wear comfortable, casual clothing and do not wear make-up, jewelry, or fragrances (to respect the sensitivities of others). If you wear contact lenses, it is important that you wear glasses for the day of your procedure. You will be required to remove them prior to the procedure if you arrive with them in your eyes. Do not wear any jewelry and remove all piercings prior to your procedure. We will provide a bag to place your belongings in, but it is highly recommended you leave anything of value at home.
- A competent adult must drive you to and from the center. It is requested that your family member or the representative with you remain on site for the duration of your stay.

### THE DAY OF SURGERY

- You will arrive to the center and complete all necessary paperwork with the admitting receptionist. Be prepared to present your Driver's License (or picture ID) and your current insurance card.
- The registered nurse assigned to your care will retrieve you from the waiting room, verify your identity, and bring you to the designated holding bay. You will be provided a gown to change into and a bag to place your belongings in.
- You will be connected to a monitor to record your vital signs throughout your stay.
- An IV catheter will be placed in your vein and will be used to deliver anesthesia during your procedure.

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This IV site will be discontinued after you have recovered and prior to your discharge.

- The CRNA responsible for your anesthesia care will meet with you and review the anesthesia consent and explain the process for delivery of anesthesia.
- Your surgeon will meet with you prior to your arrival in the procedure room to answer any questions you have. If not done previously with your provider a consent will be reviewed and signed for your scheduled procedure.
- Once all pre-op assessments and consents have been properly executed you will be ready for your procedure. You will be transported to the procedure room via stretcher by your CRNA and RN who will be with you during your procedure. After entry and initial positioning on the stretcher or table, your anesthesia will be administered.
- Immediately following your procedure, you will be transported via stretcher to the recovery (PACU) area. A registered nurse will continuously monitor you until you are awake and alert. Once awake, your family member or patient representative will be allowed back to sit with you for the duration of your recovery period.
- Prior to leaving the facility, you will receive a complete set of discharge instructions. This will include any restrictions to diet and exercise that may be required after your procedure. Your home medication list will be reviewed with you and

you will be informed when the next dose of each of your medications should be taken.

- You can expect to remain in the facility for up to 1 hour after your procedure. The nurse anesthetist (CRNA), will determine if you are stable enough to be discharged home.

## **AFTER DISCHARGE FROM THE SURGERY CENTER**

***Contact your doctor's office directly if you have any questions or experience any post procedure complications!***

- Be aware of any restrictions ordered by your surgeon. These will be clearly marked on your discharge paperwork.
- Your physician will determine when you can resume driving and normal activities.
- Your surgeon may prescribe medications for you to take during your recovery. Take these medications as directed and contact your provider's office if any refills are needed.
- You will be allowed to return to your normal diet after your procedure unless you are instructed differently.

## **PATIENT SATISFACTION SURVEY**

- Your opinion matters! Please complete the patient satisfaction survey provided to you. We want to hear feedback about your stay with us at our facility. Our goal is to achieve a rating of excellent and your comments help us to adjust in areas needing improvement.